

Breaking Badly: My Battle With Multiple Sclerosis

In 2005, I was diagnosed with multiple sclerosis (MS), a chronic autoimmune disease that affects the central nervous system. At the time, I was a young and vibrant woman with a promising career and a loving family. The diagnosis was devastating, and I felt like my life was over.



Breaking badly ... My battle with multiple sclerosis : How the disease ended my 25 year career in academia

by Abraham Bleich

★★★★☆ 4.2 out of 5

Language : English
File size : 123 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 12 pages
Lending : Enabled



In the early days after my diagnosis, I struggled to come to terms with my new reality. I was afraid of what the future held and how MS would affect my life. I withdrew from my friends and family, and I became depressed.

But over time, I began to learn how to live with MS. I found support from other people with the disease, and I learned how to manage my symptoms. I also discovered that MS had given me a new perspective on life. I learned

to appreciate the small things, and I became more grateful for the love and support of my family and friends.

In 2010, I decided to write a book about my journey with MS. I wanted to share my story in the hope that it would help others who are struggling with the disease. I also wanted to raise awareness of MS and to help break down the stigma that surrounds it.

My book, *Breaking Badly: My Battle With Multiple Sclerosis*, was published in 2011. It has been praised by critics and readers alike for its honesty, humor, and hope. I am proud of the book, and I am grateful for the opportunity to share my story with the world.

If you are struggling with MS, I hope that my story will inspire you to keep fighting. MS is a challenging disease, but it does not have to define you. You can live a full and happy life with MS. You just have to find your own way to break badly.

About the Author

Melissa Moore is a writer, speaker, and advocate for people with multiple sclerosis. She is the author of the book *Breaking Badly: My Battle With Multiple Sclerosis*. Melissa lives in San Francisco with her husband and two children.

Reviews

"Melissa Moore's memoir is a raw and honest account of her journey with multiple sclerosis. It is a story of hope, resilience, and triumph. Melissa's writing is both beautiful and heartbreaking, and her story will stay with me

long after I finish reading it." - **Ann Romney, former First Lady of Massachusetts**

"Breaking Badly is a must-read for anyone who is struggling with multiple sclerosis or any other chronic illness. Melissa Moore's story is inspiring, and her message of hope is powerful." - **Dr. Aaron Boster, neurologist**

"Melissa Moore is a true warrior. Her story is a testament to the human spirit and the power of hope. Breaking Badly is a book that will change your life." - **Leeza Gibbons, Emmy Award-winning talk show host**

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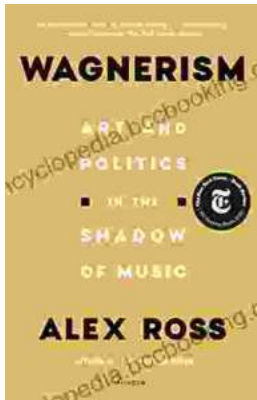
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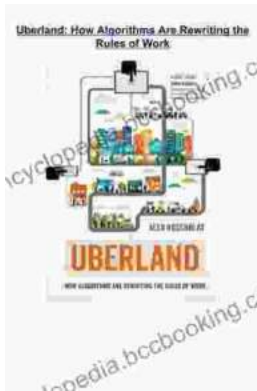
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