

Doctor Journey Into The Heart Of Our Political Epidemic

In the wake of the 2016 presidential election, the United States is more politically divided than ever before. Families and friends are arguing over politics, and even complete strangers are engaging in heated debates online. What's going on? And how can we heal this divide?



Healing Politics: A Doctor's Journey into the Heart of Our Political Epidemic by Abdul El-Sayed

★★★★☆ 4.8 out of 5

Language	: English
File size	: 2667 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 352 pages
Lending	: Enabled
Screen Reader	: Supported
X-Ray	: Enabled



Dr. Journey Into The Heart Of Our Political Epidemic is a groundbreaking new book that offers a fresh perspective on our current political climate. Drawing on his years of experience as a psychiatrist, Dr. Journey argues that our political divide is not simply a matter of differing opinions. It is a symptom of a much deeper problem: a crisis of empathy.

Empathy is the ability to understand and share the feelings of another person. It is what allows us to put ourselves in someone else's shoes and

see the world from their perspective. When we lack empathy, we are more likely to be judgmental and dismissive of those who disagree with us. We are also more likely to resort to violence and other extreme measures to achieve our goals.

Dr. Journey believes that the lack of empathy in our society is due to a number of factors, including the rise of social media, the decline of civil discourse, and the increasing polarization of our political system. He argues that these factors have created a culture in which it is difficult to have meaningful conversations with people who disagree with us. We are more likely to simply dismiss them as ignorant or evil, rather than trying to understand their point of view.

Dr. Journey's book is a call to action. He urges us to rediscover the power of empathy and to use it to heal our political divide. He offers a number of practical tips for how to do this, such as:

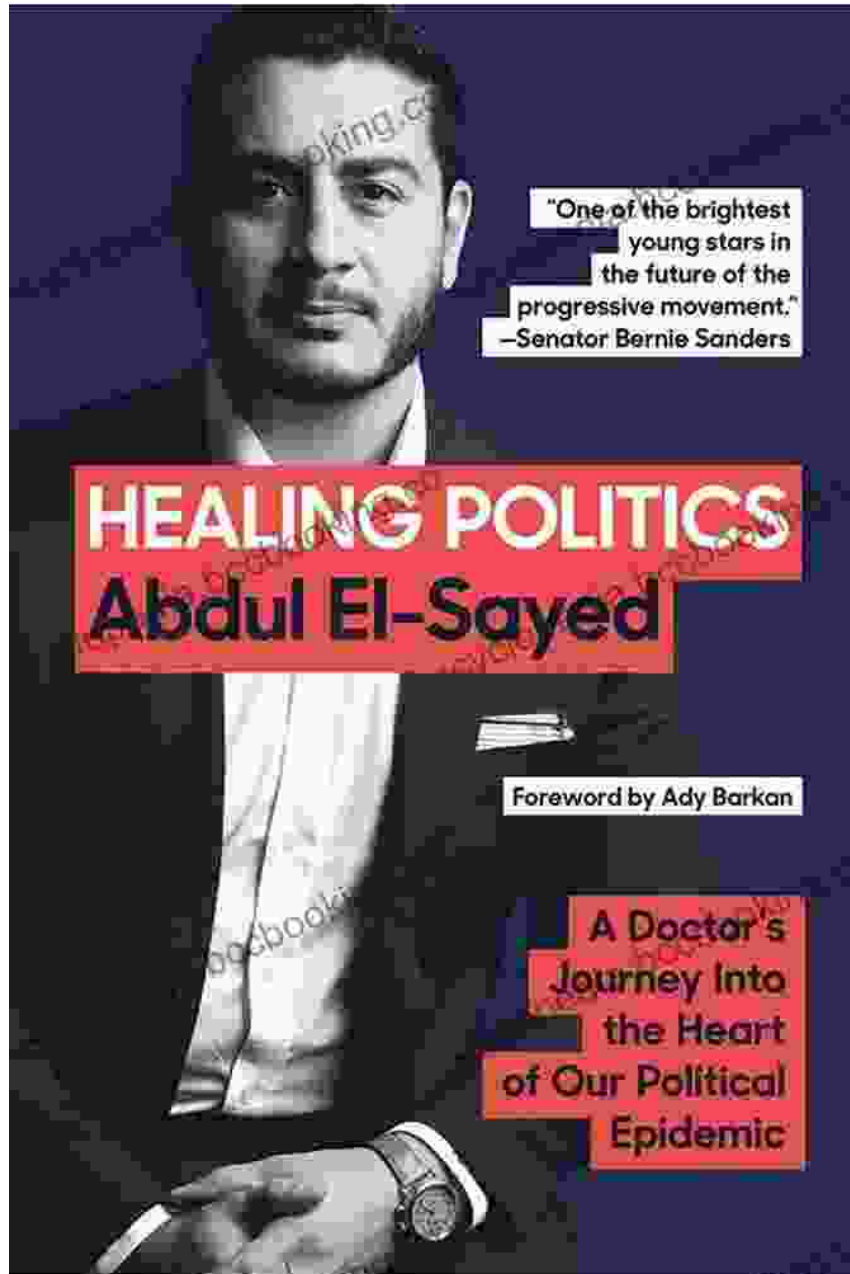
- Listening to people who disagree with us, even if we don't agree with them
- Trying to understand their point of view
- Avoiding name-calling and other forms of personal attacks
- Working together to find common ground

Dr. Journey's book is a must-read for anyone who wants to understand the current political climate and find ways to heal our political divide. It is a powerful and hopeful book that offers a roadmap to a better future.

Free Download your copy of Dr. Journey Into The Heart Of Our Political Epidemic today!

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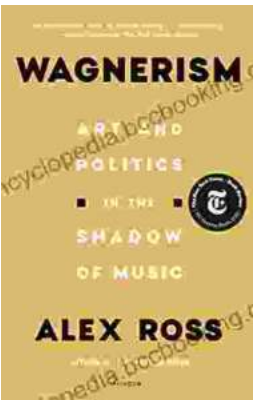




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