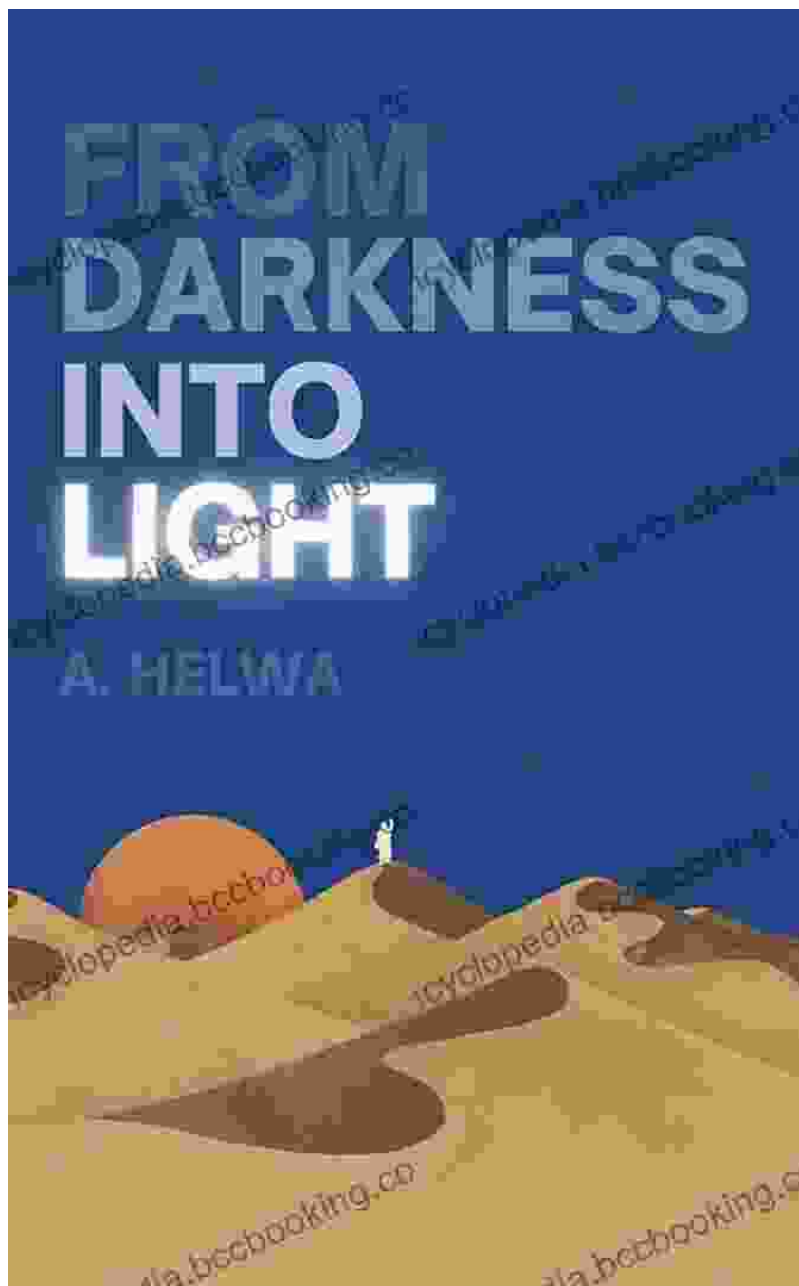


From Darkness Into Light

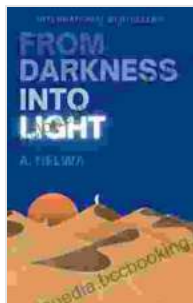


A Journey of Hope, Healing, and Transformation

By Helwa

From Darkness Into Light is a powerful and inspiring memoir that chronicles the author's journey from a life of addiction and despair to one of hope,

healing, and transformation. Through her raw and honest storytelling, Helwa shares her struggles with addiction, mental illness, and homelessness, as well as the transformative power of love, forgiveness, and self-discovery.



From Darkness Into Light by A. Helwa

★★★★☆ 4.9 out of 5

- Language : English
- File size : 2641 KB
- Text-to-Speech : Enabled
- Screen Reader : Supported
- Enhanced typesetting : Enabled
- Word Wise : Enabled
- Print length : 189 pages
- Lending : Enabled



Helwa's story is one of resilience and hope. She has overcome incredible adversity to become a successful author, speaker, and advocate for others who are struggling with addiction and mental illness. Her book is a testament to the power of the human spirit and the importance of never giving up on yourself.

From Darkness Into Light is a must-read for anyone who has ever struggled with addiction or adversity, or who is simply looking for inspiration and hope. Helwa's story is a reminder that even in the darkest of times, there is always light to be found.

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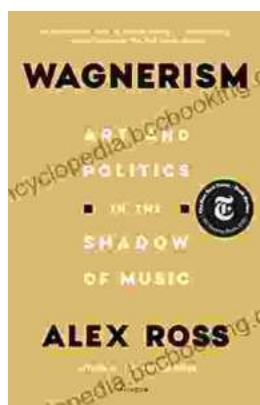
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